

**Post-registration Certificate Course in Primary Health Care Nursing
(District Health Centre Module April 2021)
(10.04.2021-31.07.2021)**

DRAFT COURSE SCHEDULE

Day 1 10/04/2021	Day 2 24/04/2021	Day 3 08/05/2021	Day 4 22/05/2021	Day 5 05/06/2021
Course introduction	Health literacy	Chronic Disease Care model and management	Motivational Interviewing	Comprehensive health risk assessment and care planning (1) Physical Assessment
Fundamental Concept of Primary Health Care and Primary Health Care Nursing Practice	Community Social Resources & Health –social partnership	Risk Assessment and Management (RAMP-DM & HT)		
The Omaha System Role of care coordinators in center-based primary health care	Prevention and promotive health service across life-span Public Health Emergency Management	Smoking Counselling and Cessation	Health Communication and Health Counselling skills	Multidisciplinary approach: 1. Occupational therapy 2. Physiotherapy 3. Dietitian Intervention 4. Pharmacist
	Outcome measures and evaluation	Patient Empower Programme (PEP)		
		Community nursing service: outreach service and home visiting		

Day 6 19/06/2021	Day 7 03/07/2021	Day 8 17/07/2021	Day 9 31/07/2021
Update Management on Diabetic and Hypertension	Mental Health in Primary Health Care	Community Rehabilitation Service: 1. Hip Fracture Rehabilitation 2. From Hospital to Community	Quiz
Management of musculoskeletal disorder and pain management			Group Project Presentation
Traditional Chinese Medicinal Nursing Approach			
Use of Information technology in primary health care			